

Adult Books about Quiet and Silence

Inviting Silence: Universal Principles of Meditation by Gunilla Norris
New York: BlueBridge © 2004

Listening Below the Noise: The Transformative Power of Silence by Anne LeClaire
New York: Harper Books © 2009

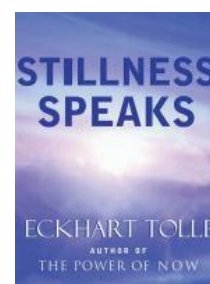
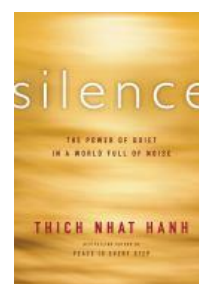
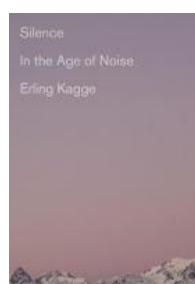
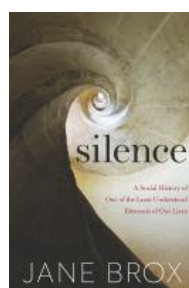
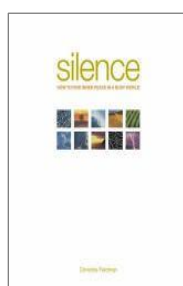
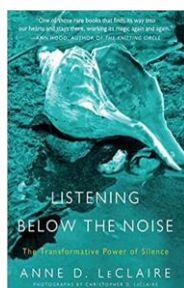
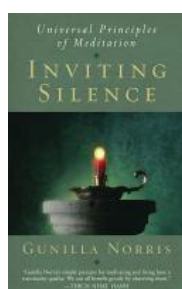
Silence by Christina Feldman
Berkeley, CA: Rodmell Press © 2003

Silence: A Social History of One of the Least Understood Elements of Our Lives by Jane Brox
Boston: Houghton Mifflin Harcourt © 2019

Silence: In the Age of Noise by Erling Kagge
New York: Pantheon Books © 2017

Silence: The Power of Quiet in a World Full of Noise by Thich Nhat Hanh
New York: HarperOne © 2016

Stillness Speaks by Eckhart Tolle
Novato, CA: New World Library © 2003



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